



THE COLLEGE OF
OPTOMETRISTS

Stage Two

Overarching case scenario 84

AGE AND GENDER 24yr Female

ETHNIC BACKGROUND Caucasian

OCCUPATION AND HOBBIES First 6 months of French Literature PhD having worked in various retail shops after graduating from French language degree. Enjoys shopping and plays golf.

PRESENTING SYMPTOMS AND HISTORY Has been experiencing headaches (frontal) for the past 3-4months usually after doing lots of reading/computer work. Near vision blurs after 30mins of near work. Distance vision seems to be unaffected.

GENERAL HEALTH AND MEDICATION Fit and well. No allergies. Medication: contraceptive patches.

PRESENT Rx, CENTRATION AND ACUITIES No specs.

PD 62/59mm

VISION RE 6/7.5 , N6 LE 6/7.5 , N6

PINHOLE VISION RE 6/6 LE 6/6

REFRACTION RE +0.75/-0.25 x 175
LE +0.75DS

VA Distance RE 6/6, LE 6/6, Binoc 6/5
Near RE N6 LE N5 Binoc N5 (just) @ 50cm

ACCOMMODATION RE 2.5D , LE 2.5D, Binoc 3D (struggled to keep the image clear)

BINOCULAR STATUS Cover Test DV: Orthophoria
Cover Test NV: 4^A Exophoria

MOTILITY Accurate, smooth, full and extensive in all directions of gaze. There was no complaint of pains or double vision on moving the eyes

CONVERGENCE 26cm

PUPIL REACTIONS PERRLA.

FUNDUS EXAMINATION CD ratio 0.3, shallow. Disc margins defined. A:V ratio: 2:3, regular caliber, macula – flat, foveal reflex present. Retina: flat and even colouration

FIELDS Not assessed

IOP RE 13, 14, 13 mmHg LE 13, 13, 13 mmHg, Zeiss Visuplan @ 4.15pm

EXTERNAL EYE EXAMINATION see attached photo

KERATOMETRY Not measured

COLOUR VISION Not measured

External eye image

